

Your appointments:

1st day

Day

Date

Time

2nd day

Day

Date

Time

3rd day

Day

Date

Time

The substances included within the two panels used in this test are:

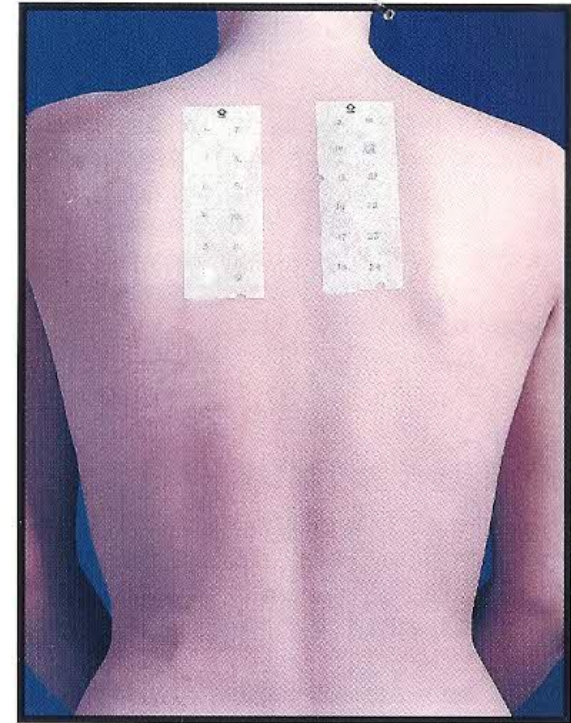
Panel 1

1. Nickel sulphate
2. Woll alcohols
3. Neomycin sulphate
4. Potassium dichromate
5. Caine mix
6. Fragrance mix
7. Colophony
8. Epoxy resin
9. Quinoline mix
10. Balsam of Peru
11. Ethylenediamine dihydrochloride
12. Cobalt chloride

Panel 2

13. P-tert-Butylphenol
formaldehyde resin
14. Paraben mix
15. Carba mix
16. Black rubber mix
17. Cl+Me-Isothiazolinone
(Kathon CG)
18. Quaternium-15
19. Mercapto benzothiazole
20. p-Phenylene diamine
21. Formaldehyde
22. Mercapto mix
23. Thiomersal
24. Thiuram mix

Manufactured by
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Some
important
questions
about your
TRUE Test™

Patch test for diagnosis
of allergic contact dermatitis.

1. What is Contact Dermatitis?

Contact dermatitis is an inflammatory reaction that occurs when substances to which you are allergic come in contact with your skin. These substances could be an ingredient in your perfume or aftershave, an antibiotic ointment or cream, rubber boots etc.

2. What is TRUE Test™?

TRUE Test™ is a reliable skin test designed to help your doctor determine whether or not you are allergic to any of the substances included on the test panel.

The test panels contain twenty-four different substances or mixes - all of which are well known causes of contact dermatitis.

3. When should TRUE Test™ be removed?

Your doctor may ask you to return when the panel has been on your back for 48 hours, or else may ask you to remove the panel yourself after 48 hours. Should you have a reaction to any of the substances, it will continue to develop over the next 24-48 hours. Your doctor will determine how long you should wait before your next appointment.

4. When will my results be read?

The date and time of your next visit has been noted elsewhere on this leaflet or on an appointment card. Since a reaction to any of the test substances will occur within a certain time period, it is very important that you keep this appointment.

5. What is the doctor looking for?

At each of your next appointments, your doctor will carefully examine the test area for signs of an allergic reaction. This reaction usually consists of a rash with swelling, redness and tiny blisters. Redness alone, however, does not necessarily mean that you have had an allergic reaction.

6. Are there any special instructions that I must follow while TRUE Test™ is on my back?

Just a few:

Moisture around the test area must be avoided. Therefore, when bathing or showering, you must be careful not to get the test panel or surrounding area wet. If the test panel does become wet, it may loosen, allowing the test substances to be washed away.

For the same reason, any activity such as sunbathing or exercising - which may cause you to sweat or the test panel to loosen should also be avoided.

If for any reason, an area of the test strip does become loose, you should immediately re-attach it with adhesive tape.

7. What should I do if the test area itches?

Try not to scratch the test area.

If you do, the skin may become irritated and itch even more. Skin that has become red and irritated by scratching will make it difficult for your physician to interpret the results of the test.

8. What happens if the test shows that I am allergic to one or more of the substances?

If you are allergic, your doctor will provide information on where in your everyday surroundings you are likely to come in contact with the offending substances.

He/she will also tell you how best to avoid these substances and often suggest alternatives to the items that you should avoid.